



GAINSBOROUGH DOLPHINS SWIMMING CLUB

Covid-19 - general risk assessment

What is the Hazard?	Who might be harmed	Controls considered	Additional controls	Actioned by who	Action by when	Closed date
Spread of Covid-19 Coronavirus.	Athletes Coaches	Hand washing/sanitising on entrance and exit to the facility. Swimmer registration	Implementation of a 1 way system to avoid cross-over and gatherings. Covid Team to complete and upload register for each swim bubble (track n trace etc)	Covid Team	Ongoing & reviewed after 1 st phase	
	Athletes Parents Coaches	Letter/email to members. Swimmer information pack Health survey & declaration	Within the pack will be rules and guidance, guidance on 'swim pods' and expectations.	MT/Covid Team	End of Aug, continuing until full return of swimmers	
	Athletes Coaches	Changing room protocol	Swimmers to arrive 'swim ready'. Minimum use of changing facilities. Cleaning materials available for own safety.	Covid Team WLLC	Ongoing	
	Athletes Coaches	Equipment	Swimmers are to bring and use their own equipment (goggles/cap/water in the 1 st instance). No equipment is to be shared or passed along. Equipment to be spaced 1m+ on the poolside as appropriate.	Coaches	Ongoing	
	Athletes Coaches Covid Team	Pool deck rules	Clear rules and expectations outlined in the return to swimming pack Clear markings around the pool deck Coaches to remain 1m+ from pool edge	Coaches WLLC Covid Team	Ongoing & to be reviewed after 1 phase	
	Athletes	Rules in the pool.	A separate document will be shared with athletes, parents and coaches. Swimmer briefings at the start of the session.	Swim manager Coaches	6 th September and reviewed/amended as necessary	

What is the Hazard?	Who might be harmed	Controls considered	Additional controls	Actioned by who	Action by when	Closed date
Maintaining social distancing	Parents Athletes Coaches	Car park rules.	We adhere to and follow WLLC rules.	WLLC		
	Athletes Coaches	Signage	We adhere to and follow WLLC rules, but if we feel it's necessary will bring further appropriate laminated signage	WLLC MT/Covid Team	6 th September & ongoing	
	Athletes Coaches	Restricted lane use	3 double width lanes will be used with no more than 10 swimmers in each. All swimming in a clockwise direction. Staggered entry/exit points and 'breather' spaces. No overtaking	Swim manager Coaches Covid Team	6 th September & ongoing	
	Athletes Coaches Covid Team WLLC	Taped/marked areas on the pool deck	We adhere to and follow WLLC rules, but if we feel it's necessary make further appropriate steps to ensure SE guidance is met.	WLLC Covid Team Coaches	6 th September, ongoing & reviewed regularly	
	Athletes Parents Covid Team	'Swim pod' sessions	Swimmers to have monitored start and end of sessions in the assigned ability 'pods'	Covid Team Coaches	6 th September & ongoing	