



*All striving to achieve our swimming potential*

## Derventio Level 1 Long Course Open Meet

- Sun 10<sup>th</sup> April 2016

This is being held at Ponds Forge. We are entering Sunday only as it is the 1<sup>st</sup> club champs on the Saturday.

Please review the qualifying times by event and fill in the attached table with your entry times.

Name..... Contact tel no.....

ASA Registration No..... Email address.....

Date of Birth..... Age on 3<sup>1st</sup> December 2016.....

	Free	Back	Breast	Fly	IM
50m					
100m					
200m					
400m					

**Please state latest pb times for entries – these times must have been achieved since 10<sup>th</sup> April 2014.**

Please make sure you have covered the following:

1. The swimmers club membership fees are up to date. These are due in advance, NOT arrears.
2. You have enclosed a cheque payable to **Gainsborough Dolphins Swimming Club** for the total amount, with the swimmers name on the reverse. **(£7.00/event)**
3. Return this form and payment to **Chris Webster or Mandy Neal by Sunday 24<sup>th</sup> January.**  
**Late entries will not be accepted.**

Thanks

Chris