



*All striving to achieve our swimming potential*

Are you someone who wants to learn to swim, or already swims for fitness and would benefit from value for money, structured, convenient evening sessions? If so we are what you are looking for.

Gainsborough Dolphins Swimming Club offer you –

- Swimming at the one local pool – West Lindsey Leisure Centre, on The Avenue, Gainsborough.
- A 3 visit trial session package, to help you decide if it is for you. The trial sessions also allow us to assess you, and determine where you will best fit into our structure.
- Excellent, value for money lessons. Including small pool learn to swim and main pool teaching in widths and lengths. All at convenient evening sessions throughout the week, and also on a Sunday.
- Family friendly environment with sessions lead by teachers and coaches who are all ASA Level 2 qualified, and CRB checked.
- Structured progression through the pool with an opportunity to go down either a fitness/leisure swim pathway, or into a competitive structure and chance to swim in a successful, competitive squad.

**Gainsborough Dolphins Swimming Club, THE** local club offering the best value Learn to Swim, Fitness, Masters and Competitive Swimming.

For more information view the website or contact the club –  
email : [info@gainsboroughdolphins.co.uk](mailto:info@gainsboroughdolphins.co.uk)